



Whangārei Heads School Newsletter

Term 2 - Week 4 - May 19, 2023

Nau Mai, Haere Mai

Firstly, our thoughts are with the whānau and our colleagues at Whangārei Boys High after the tragedy at Abbey Caves. I cannot begin to imagine the sadness felt by all involved. Arohanui.

PINK SHIRT DAY

As you read this we will have enjoyed a fun Friday, acknowledging the importance of the anti-bullying message. Having invested time in Term 1 focusing on being kind, and discussing bullying, we wanted to take this time to acknowledge the message behind Pink Shirt Day. We spent from 11.30 to 12.50 in our Whanau Groups (Houses). This allows us to work alongside all different ages, demonstrating our values of resilience, kindness, belonging and creativity. We are developing the concept of Tuakana -Teina throughout the school. This is where the older students help, support, awahi, guide the younger students.

We are in the process of reviewing and updating the Behaviour Management Plan following on from the learning across the school. Based on feedback from the classrooms and staff, they feel the current model doesn't have clear consequences for actions. I will share the new model through the newsletter once it has been completed.

It was wonderful to hear, when meeting with the School Council earlier this week, that the general feel from the children is that the playground incidents of bullying are lesser now.

Next week we will have a parent meeting ahead of the Keeping Ourselves Programme (KOS) to share with you what this involves. Keeping Ourselves Safe is a comprehensive child abuse prevention programme for schools, that we are required to teach on a regular basis. We will be supported in delivery of this programme by the Community Police Education Officers. Can you please let Courtney know if you are attending by completing the form sent with this newsletter. This will help me solve logistics as to which space to use and carparking.

Nga mihi,
Kelly

Coming Events:

Week 4 - 15-19 May

19 May - Predator Free 2050

Week 5 - 22-26 May

Tues 23rd May - KOS Parent Meeting 6pm

Week 6 - 29 May-2 June

31 May - WPSSA Yr 5&6 Winter Sports
1 June - Jumping June Begins

Week 7 - 5-9 June

5 June - Kings Birthday - Holiday
8 June - Mathex

Week 8 - 12-16 June

13 June - Board Meeting
16 June - Predator Free 2050

Week 9 - 19-23 June

20 June - Kotare Science Show

Week 10 - 26-30 June

29 June - Jumping June School Event
30 June - Last day of Term 2

Our Place to Grow and Learn together
Ko tātou kura, kia tipu, kia ako ngātahi



Keeping Ourselves Safe

Later this term we are teaching the Keeping Ourselves Safe Programme, as part of the Health Curriculum

What will children and young people learn?

They will learn:

- to work out when their safety is at risk
- how to keep safe when they meet and mix with other people
- who and how to ask for help if they, or someone they know, is being abused
- to go on asking for help until someone does something to stop the abuse
- that it is important to make and follow personal, family and school safety rules.

They will know:

- that abuse is never okay
- that abuse is never their fault.

Want to know more about the KOS programme?

Visit:

<https://www.police.govt.nz/advice-services/personal-community-safety/school-portal/resources/successful-relationships/kos>

Or come to the Parent Information Evening on Tuesday 23rd May 6pm
RSVP to school office



Pink in Piwakawaka!

Piwakawaka is learning the meaning behind Pink Shirt Day. We have taken time to reflect on the times others have shown kindness towards us, and encouraged us. We are also talking about and recognising our inner strengths. This supports the wellbeing of the group building our sense of Whanaungatanga.

YOU'RE VERY KIND

To

It was really lovely when you ...



Karearea Winter Sports



Macy - Gymnastics. It was fun! We got to go on the competition trampoline. Locky demonstrated his routine and then taught us how to do some of the tricks.

Caleb - Hockey: Even though they thought we were midgets, we still (initially) gave them a run for their money. They did, however, eventually waste us! And yes, they were tall and scary.



Riley - We won two of our games at rip rugby. I had to twist and turn, making sure I was also running really fast to get a try.

Penny - My first time playing hockey. It was quite fun, and everyone was actually quite nice. The shin pads, however, were way too big, and now I have bruises from them. It was still a super fun day though.



Spit, don't rinse after brushing

Tuwha, kaua e opeopea i muri i te taitaitanga

TIPS TO KEEP YOU
SMILING

Fluoride in toothpaste helps prevent tooth decay

Avoid eating or drinking after brushing teeth, Especially at night so the fluoride can keep working to protect and strengthen teeth.



Need a dental appointment for your child?
CALL 0800 MY TEETH (0800 698 3384)

Te Whatu Ora
Health New Zealand

Bring your whanau and friends, and join others in our community.

Help plant 2,500 plants to increase habitat for our local biodiversity.



When:
Sunday 11th of June, 9am to 12 noon.
If it's raining, the event will not proceed*.

Where:
8:45am Meet at Urquhart Bay car park for a briefing.
After 9am follow the track past the gun emplacement to **Home Bay** where you will find us.

What to bring:
Warm clothing, gum boots or solid footwear, raincoat, water etc.
Your own spade if you have one.
Hot drinks and kai will be provided.

Back up date:
Sunday 18th June 9am to 12 noon
*If we don't plant all plants on the 11th or if we need to postpone due to wet weather, this will be communicated via our Facebook page and email.

Please **contact** Jenny via volunteers@breamheadtrust.nz to let us know with how many people you will attend.



SUPPORTING LOCAL PRIMARY SCHOOLS

With each successful property sale, I will make a donation of \$500 in your name to a local school of your choice.

Living, selling, supporting local.

Sam Swinburne 027 246 5504 | sam.swinburne@bayleys.co.nz
HACKY'S REAL ESTATE LTD, BAYLEYS, LICENSED UNDER THE REA ACT 2008



Parent Parking

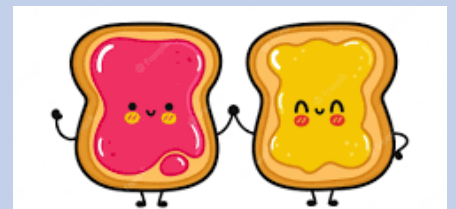
We want to take the opportunity to say THANK YOU again for your ongoing support and patience at the end of the school day when you come to collect your children. Please take care not to park across the driveways at pick-up and drop-off.

We look forward to welcoming you back onto school grounds at the end of day and for assemblies soon.

Change of Clothes



With all this wet weather there is an increased chance of your child getting damp and muddy throughout the day! Please ensure your kids have a complete change of clothes in their school bags for these occasions.



Cold Weather = Increased Appetites!

We have noticed with this colder weather that there has been an increase in the number of students lining up on the stairs of the admin block for toast at lunch time, having demolished the majority of their lunchboxes at morning tea.

We always have toast and muesli bars, and the occasional yoghurt donations, to help fill hungry tummies. Adding a couple of extra items or an extra sandwich to top up lunchboxes through the colder months would really help.

Pink Shirt Day - Showing **KINDNESS** as we work together





Te Manawa Tahī
Community Timetable



WHANGĀREI

All hubs are open from 9:00am until 12:00pm unless otherwise stated*

Date	Hub Locations	Term 2 2023, Weeks 5 to 8
Wed 24 May	Te Ora Hou, 104 Corks Road, Tikipunga	
Wed 31 May	Te Horo School, 3239 Pipiwai Road, Pipiwai	
Thurs 1 June	Ministry of Education, 24 Kaka Street, Morningside	
Wed 7 June	Bream Bay Community Trust, 9 Takutai Place, Ruakākā	*10am – 12.30pm
	Children's Lighthouse Playgroup, 20 George Street, Hikurangi	
Thurs 8 June	Back 2 Basics Childcare, 179 Newton Road, Maungatāpere	
Wed 14 June	St John Ōtamatea Ambulance Hall, 172 Hurndall Street East, Maungaturoto	*10am – 12pm
Thurs 15 June	Te Rito, Cnr William Jones Drive & Rata Place, Otangarei	
Wed 21 June	Whānau Focus Centre, 61 Victoria Street, Dargaville	
Thurs 22 June	Clark Road Chapel, 4-6 Clark Road, Kamo	
	Ngunguru School, Te Maika Road, Ngunguru	*9am – 10:30am



Drop into a hub or make an appointment by phoning **0800 524 842** or emailing TT.Support@education.govt.nz.



Best Birthday Wishes
to these students
**Grey, Luna,
Tim, Zoe, Ryder,
Tilly and Jimmy**



Every Day is Wheels Day!

This is a reminder that our multi-purpose pump track is open every day through winter, when our field is often closed as it becomes too damp for the kids to play on.

Bikes, scooters, skates and skate boards can come to school any day of the week. Helmets are a must! Other protective gear for skaters is recommended and encouraged.



Sore Throats Matter

Preventing Rheumatic Fever



With winter on its way so are many bugs –we are hearing that a lot of tamariki are getting sore throats – For our Maori and Pacific tamariki sore throats can hurt hearts.

If your tamariki has a sore throat please get a throat swab from your Practice nurse at your GP practice.

Or

At a participating pharmacy if your tamariki are:

- Maori or Pacific
- 4-19 years old

Public Health Nurses in your school are available to offer a throat swab to high-risk tamariki with a sore throat during their school visit.

All children are at risk of developing strep throat however, research has shown that the risk for this leading to Acute Rheumatic fever is predominantly higher in Māori and Pacific tamariki, this is the reason for the eligibility criteria in the throat swabbing programme.

Whangarei Heads School



Complaints Procedure

Make a time to meet with the class teacher to discuss your concern.



If you don't feel you were "heard" or the matter wasn't resolved then contact:

Alex Hunter - if the child or staff member is in Piwakawaka or Tui
Denise Humphries - if the child or staff member is in Ruru, Korora, Kotare, or Karearea



If you don't feel you were "heard" or the matter wasn't resolved then contact Kelly Mercer - Principal



If your concern hasn't been resolved by the previous steps then a formal complaint can be made.

You can find the steps for making a Formal Complaint on School Docs or contact Courtney at the office to send you a copy of the process.

School Docs: <https://www.schooldocs.co.nz>
Password: Caring

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